

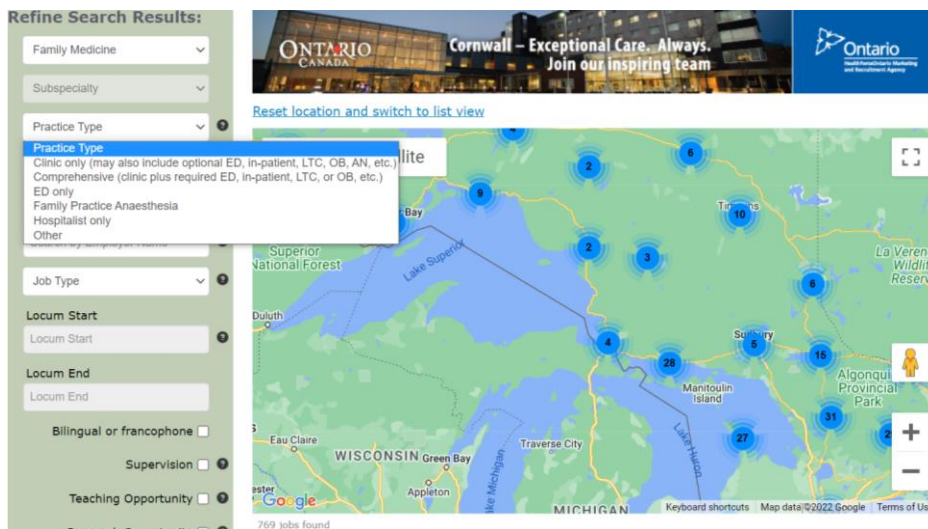
Working together with primary care providers and community health partners in North Toronto to help you in your daily practices.

In this issue:

- Health Force Ontario – HFO Jobs
- Ocean e-Referral
- North Toronto Primary Care Network Leadership Opportunities
- Englemount Lawrence Vaccination Clinic Appreciation Picnic
- Health Connect Ontario/811
- Community Green Market Launch
- North Toronto Primary Care Network Update
- Resources for Patients
- Workshops and webinars for Primary Care Providers

HealthForceOntario
HFO Jobs

Health care in Ontario is changing and there are greater demands expected of healthcare professionals more than ever. To help meet this surge in demand is **Health Force Ontario** – an one-stop site that features various resources to assist both employers and jobseekers. This includes **HFO Jobs**, an online job board that connects healthcare organizations, communities and employers to healthcare professionals seeking employment. It is Ontario's most comprehensive physician job board and it's free and easy to use.



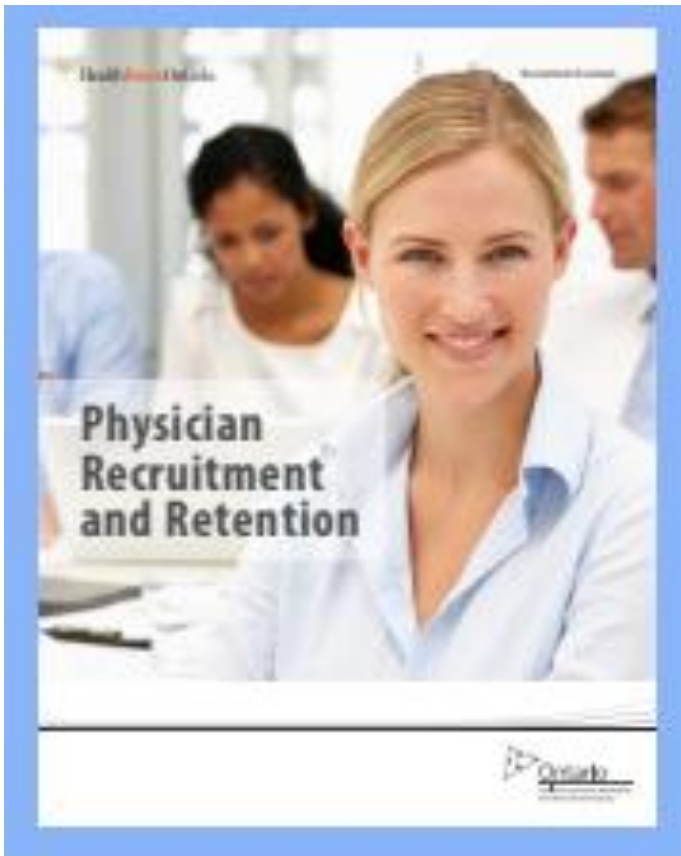
Employers can create postings to recruit physicians for part-time, full-time or locum positions.

Supplementary staffing resources includes the '**Recruitment Essentials Toolkit**', an online tool kit that offers modules that address various aspects of physician recruitment and resources that can be applied immediately to recruit the best candidates and how to retain them

Contact us!



We value your feedback!
Contact the North Toronto
Ontario Health Team at:
North.subregion@sunnybrook.ca



Topics include – physician recruitment and retention, marketing, social media, locums: making them work for you, licensing and supervision and physician onboarding.

Additionally, there is the '**Transition out of Practice Service: A guide for Physicians**' to assist those physicians who are potentially retiring from medical practice. This guide can assist in the various aspects of the transition out of practice process and make the move go smoothly for you, your colleagues, your community and your patients.

Visit: www.healthforceontario.ca for more information and resources

Coming Soon on Ocean eReferral

❖ Schulich Heart Program

❖ Odette Cancer Centre

❖ Sunnybrook Hip & Knee Arthritis Program

❖ Kensington Health - Ophthalmology

❖ WCH- Breast Centre

❖ Sunnybrook SCOPE Nurse Navigator

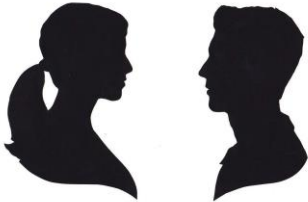


Benefits of Ocean eReferral include:

- Integration with top EMRs (Telus PSS, Accuro, Oscar)
- Standardized referral forms are **populated automatically** with patient information from your EMR and include **integrated clinical guidelines**
- Discover services and programs to refer to using the map-based directory, complete with wait times where available
- Easy and secure in-solution **bidirectional communication** reduces **administrative tasks**
- Patients can confirm appointments online and choose to receive email notifications regarding referral status and appointment notifications
- **All costs are covered**, including training and set-up
- To get started, email us at eReferral@torontoregion@uhn.ca

WANTED

FUTURE PRIMARY CARE NETWORK CO-LEADS



Help to change the future of primary care in North Toronto!

Are you a primary care physician interested in leading the development of local integrated primary care?

WE WANT YOU!

The North Toronto Primary Care Network (NT PCN) is on the hunt for new PCN Leads to assist in establishing a strong primary care voice in North Toronto, collaborating and coordinating with our hospital, DFCM and community partners and aligning our mission with the Ontario Health Team's purpose, priorities and values.

Qualifications include:

- A practicing primary care physician with a valid certificate of registration in good standing with the CPSO
- Actively practicing and/or experienced with comprehensive primary care within North Toronto
- Knowledge of provincial health care structures, processes, funding mechanisms and current priorities is strongly preferred
- Formal leadership training or willingness to learn/be mentored on leadership an asset

Time Commitment:

Approximately 20 Hours per month (flexible depending on interest/projects); 2 year term

Deadline to apply is Friday, September 9th, 2022

For more information, please email: north.subregion@sunnybrook.ca

**TOGETHER WE CAN
MAKE A DIFFERENCE!**

Would you like to make a difference in primary care?

Would you like to be involved in making practice easier in your clinic and others in North Toronto?

If so, we would love for you to join our Primary Care Executive Council.

The role of the council is to provide space for primary care providers to inform the work of the Ontario Health Team and addresses the pain-points of primary care in North Toronto. The council gives members the opportunity to take a leadership role in decision-making and give direction to primary care's engagement and implementation initiatives.

If you are a passionate primary care provider (MD/NP) and ready to guide us with your exciting ideas and contributions, we would love to be on this journey with you!

Time Commitment:

Approximately 2-3 hours per month (flexible base on interest/projects); 2 year term

Deadline to apply is Friday, September 9th, 2022

Please email us at: North.Subregion@Sunnybrook.ca if you are interested!

Englemount-Lawrence Vaccination Clinic Appreciation Picnic

One year after providing over 29,000 doses of the COVID-19 vaccine at the Englemount-Lawrence Vaccination Clinic (ELVC), physicians, staff, volunteers, and organizers reunited at Baycrest Park on the afternoon of Tuesday, June 28 for a commemorative picnic. Steps away from Baycrest Arena, where the ELVC operated, the gathering was hosted by Baycrest Health Sciences and the North Toronto Ontario Health Team (OHT), of which Sunnybrook Health Sciences Centre is a member organization.

Operated by thirty staff and ten physicians each day, the Clinic provided vaccines prepared by the Sunnybrook pharmacy team; physicians from the Sunnybrook Department of Family and Community Medicine were amongst over 200 physicians on site to administer doses.

Contributors also included 60 Canadian Red Cross volunteers, over 100 staff and leaders from across the North Toronto OHT, and an additional 100 staff from community partners.

Baycrest CEO Scott Overden, SPRINT Senior Care CEO Stacy Landau, and Sunnybrook VP and Chief Medical Executive Dan Cass presented certificates of appreciation to participating representatives.

The collaborative ELVC team included: Baycrest Foundation, Baycrest Security, Canadian Red Cross, City of Toronto, GlobalMedic, Liberty Pharmacy, LOFT Community Services, LumaCare, North Toronto OHT, North Toronto Primary Care Network, North York Community Housing, Paladin Security, Reena, SE Health, SPRINT Senior Care, Sunnybrook Department of Family and Community Medicine, Sunnybrook Pharmacy, Toronto Community Housing, Unison Health and Community Services, VHA Home HealthCare, and Vibrant Healthcare Alliance.



Health Connect Ontario or 8-1-1

Health Advice Made Easy

Health Connect Ontario brings patients to a single source where they can easily:

- Speak to or chat online with a registered nurse and get an initial assessment and health advice
- Get help with finding a primary care provider if they don't have one
- Find local health services, such as mental health, addiction services, home and community care or caregiver support
- Available in multiple languages and accessed by mobile phone, telephone landline or teletypewriter (TTY)

Health Connect Ontario and 811 are for non-urgent health care information, advice and referrals, and personal health information of people using the services is secure and protected at all times. This service will not replace 911, which should still be used for a medical emergency.

Visit: <https://healthconnectontario.health.gov.on.ca/> for more information



Unison Health & Community Services presents:
Community GREEN MARKET
Launch

Get FRESH FRUIT & VEGETABLES for sale at affordable prices while quantities last. Bring your own grocery bags.

York Hispanic Center
1652 Keele Street
1-4pm, Wednesdays,
July 20, August 3, 17, 31

Willowdale Seventh-day Adventist Church
555 Finch Ave W
3-6pm, Thursdays
August 11, 25,
September 8, 22

San Lorenzo Church
2981 Dufferin St
12-3pm, Saturdays
July 16, 23, 30 &
August 6

Jane Street Hub
1541 Jane St.
3-6pm, Mondays
July 25, August 8, 22 &
September 12

Featuring: food demonstrations, education tables and more!



North Toronto Primary Care Network Update

Save the Date!

Our next North Toronto Primary Care Network (NT-PCN) meeting will be on **Monday, August 8th, 2022, from 5:30 to 7:30 PM**. This will be an **in-person** event taking place at the **Amsterdam Barrel House** located at 87 Laird Drive, Unit 1, East York, M4G 3T7. Food and beverages will be served. Free parking available.

Please RSVP by **Wednesday, August 3rd, 2022** at:

<https://www.surveymonkey.com/r/August8PCN>



Resources for Patients

Due to COVID-19, several programs have been postponed or are provided virtually. Below are the programs and services that are currently in operation.

COVID-19 Resources

Vibrant Healthcare Alliance	<p>Free Rapid Antigen Take Home Test Kits available for pick up (in person)</p> <p>Health and Wellness Series is offered on the following topics: (virtual)</p> <ul style="list-style-type: none">COVID-19 – Stay Informed & Stay Healthy <p>Food Support Programs in response to COVID-19 (in person pick up)</p> <ul style="list-style-type: none">Hot lunches to go, every Tuesday and ThursdayWellness Care Packages <p>Lending Device Program in response to COVID-19 (in person pick up)</p> <p>Peer Support Groups for People with Disabilities Connecting Through COVID (virtual)</p> <p>COVID-19 Vaccine Engagement Teams – Need help or information to get your COVID vaccine (virtual, in person); Vaccine Engagement Team Ambassadors are available to assist individual(s) or groups</p>	<p>(416) 486-8666, #0 for reception for hours of operation</p> <p>(416) 486-8666 ext. 263 annec@vibranthealthcare.ca</p> <p>(416) 486-8666 ext. 239 resourcecentre@vibranthealthcare.ca</p> <p>(416) 486-8666 ext. 263 annec@vibranthealthcare.ca</p> <p>(416) 486-8666 ext. 226 lucyn@vibranthealthcare.ca</p> <p>(416) 486-8666 ext. 263 annec@vibranthealthcare.ca</p>
Don Mills Family Health Team	<p>Virtual and in-office visits:</p> <ul style="list-style-type: none">Dietary and COVID-19 Nutrition CounsellingCOVID-19 Mental Health CounsellingCOVID-19 Social Prescribing - Social Benefits and Support	<p>Accepting health providers referral and self-referral; Call in advance to book appointment 416-444-6161</p>

Prenatal Resources

Otter Creek Family Health Organization	<p>At Bayview & Eglinton (416-440-1880), Wilson & Bathurst (416-785-8412) and Yonge & Lawrence (416-782-4447):</p> <ul style="list-style-type: none">Prenatal Clinic (accepting new prenatal patients, In-person + accommodation for virtual visits available)Postpartum Contraception (Post-delivery access to IUD insertions – referrals can be sent to Bayview & Eglinton, Wilson & Bathurst clinics)	<p>http://ottercreekfho.blogspot.com/</p>
Don Mills Family Health Team	<ul style="list-style-type: none">Pregnancy Clinic – every Friday, accepting new patients; virtual and in-office visits available (Referral from FD or NP needed)	<p>(416) 444-6161</p>

Unison Health & Community Services	<ul style="list-style-type: none"> Virtual: Baby and Me (for parents with babies aged 0-1 year) (Thursdays from 2:30-3:30 PM) Virtual: Labour of Love Prenatal Program (Tuesdays from 1-2 PM) 	(416) 924-1164 ext. 8719 jcharron@sickkidscmh.ca
---	---	---

Wellness Resources

Vibrant Healthcare Alliance	<p>Free New Books available for adults, youth, and children (in person pickup)</p> <p>Entertainment and Movie Night Sessions (virtual)</p>	(416) 486-8666 ext 239 (416) 486-8666 ext. 226 lucyn@vibranthealthcare.ca
	<p>Health & Wellness Education workshops are available upon request, no cost. Virtual Health and Wellness Series on the following topics offered every other Wednesday, 2-3 PM (virtual):</p> <ul style="list-style-type: none"> Healthy Eating, Foods to help you stay hydrated Telephone Trivia to Play, Connect and Socialize Tips to Stay Healthy this Flu Season 	(416) 486-8666 ext. 263 annec@vibranthealthcare.ca
	<p>Intergenerational Program (Fridays from 10-11 AM) – a variety of programs and activities (virtual):</p> <ul style="list-style-type: none"> Book Club; Debate & Conversation; Coffee & Current Affairs; Bingo 	(416) 486-8666 ext. 239 Resourcecentre@vibranthealthcare.ca
	Sexual Health Youth Clinic (in person)	(416) 486-8666, #0 for reception
	Youth Sexual Health & Wellness Workshops are available upon request, no cost (virtual)	(416) 486-8666 ext. 263 annec@vibranthealthcare.ca

Sunnybrook Academic Family Health Team	<p>Virtual Health and Wellness classes on the following topics:</p> <ul style="list-style-type: none"> Healthy Heart, Healthy You (August 26th, 9:30 – 11:30 AM) Mindfulness Skills Program (September 7th, 14th, 21st, and 28th, 10 AM – 12 PM) Aging Well: Traveling as a Senior (September 8th, 2 - 4 PM on Zoom) 	<p>Contact Karen Fung at 416-480-6100 ext. 1658 or karen.fung@sunnybrook.ca to register</p> <p>Contact Karin Pereira at (416) 480-5274 to register</p> <p>Contact Kim Truong at kim.truong@sunnybrook.ca</p>
	<p><i>Health & Wellness Education workshops are available to all patients at no cost.</i></p> <p>*NOTE: Please include <i>baby's name and date of birth, a contact number, email, and the name of baby's family physician.</i></p>	

Unison Health & Community Services	<p>Health and Wellness Classes</p> <ul style="list-style-type: none"> • Healthy Living Program - biweekly, 10 sessions in-person with topics on high cholesterol, high blood pressure, chronic stress, obesity and high blood sugars • Nutrition 101: Good Eating for Good Health – monthly virtual sessions for those interested in learning on how to make small changes to create a healthful diet they can enjoy. To receive the Zoom meeting link, email: programs@unisonhcs.org • Fitness Programs – virtual and in-person fitness sessions all year round! Includes classes such as Chair Yoga, Tai Chi, and Gentle Fitness to achieve better health and improve balance, ease pain and increase flexibility 	<p>Camille Machado – 416-787-1661 ext. 3231</p> <p>To register, call Kim Nguyen at 416-653-5400 ext. 1265 or kim.nguyen@unisonhcs.org</p>
Don Mills Family Health Team	<p>Virtual Health and Wellness classes on the following topics:</p> <ul style="list-style-type: none"> • Healthy Aging Lecture – occurs monthly, every 2nd Tuesday, 1 – 2 pm • Mindfulness Based Cognitive Therapy (MBCT) – starts September 2022 <i>Registration is required</i> 	<p>To register, contact Hong at 416-444-6161</p>

Seniors Resources

Baycrest	<ul style="list-style-type: none"> • Baycrest is offering some in-person appointments for Ambulatory Services. Visit: baycrest.org/Baycrest/Healthcare-Programs-Services/Clinical-Services • The Interprofessional Primary Care Team partners with community family physicians to ensure equitable access to inter-disciplinary teams. The team is offering in-person and virtual visits in a variety of locations. 	<p>(416) 785-8500 ext. 4728 outpatientintake@baycrest.org</p> <p>(416) 785-2500 ext. 4728 ipct@baycrest.org</p>
Don Mills Family Health Team	<ul style="list-style-type: none"> • Healthy Aging Lecture (registration required) – 2nd Tuesday, monthly 1-2 PM (virtual) 	<p>(416) 444-6161</p>
SPRINT Senior Care	<p>Offers practical, low-cost services to seniors and their caregivers.</p> <ul style="list-style-type: none"> • Meals on Wheels & other food supports • Social Work support • Dementia Care • Toronto Ride Transportation • Virtual social, recreation, and exercise groups • In-home services • Caregiver support • Foot Care 	<p>(416) 481-6411 ext. 1225 www.sprintseniorecare.org</p> <p>(416) 481-5250 www.torontoride.ca</p>
Circle of Care	<p>Providing low-cost services to seniors (55+):</p> <ul style="list-style-type: none"> • Kosher and non-Kosher Meals on Wheels • In person: Home Care, End-of-Life Care, Adult Day Program, Case Management for Holocaust Survivors and Social Work • Virtual and In-person: Exercises Classes, Friendly Visitors, Caregiver Support, Phone Pal • iRIDE Plus Transportation (North of Highway 401) for rides and appointments to vaccination clinics at no charge 	<p>(416) 635-2860 www.circleofcare.com</p> <p>1-844-474-3301 www.irideplus.com</p>

Unison Health & Community Services	<p>Arthritis Pain Management Program (In-person at Lawrence Heights) For individuals experiencing arthritis pain or who have been diagnosed with arthritis by their family physician, this program intends to teach how to effectively manage the pain. This program is facilitated by a Registered Dietitian, Social Worker, Certified Fitness Instructor and Physiotherapist/Occupational Therapist</p> <ul style="list-style-type: none"> • 10 session program for clients who have a diagnosis of arthritis • Occurs every Monday and Wednesday from 10 AM-12 PM 	<p>To register: contact Camille Machado – 416-787-1661 ext. 3231</p>
	<p>Seniors Online (Virtual and In-Person)</p> <ul style="list-style-type: none"> • Are you interested in keeping up with digital technology? • Do you want to learn using digital device i.e., iPad to connect with families and friends? • Do you want to attend programs and meet your health care providers online? • Are you interested in working with teenagers to discover more digital knowledge? • Are you interested to share your life stories and wisdom with the younger generations? 	<p>To register: contact Albana Qatipii – 416-787-1661 ext. 3256</p>
<p>If your answer YES to all of the above, sign up for the program TODAY!</p>		

Mental Health, Substances Use & Addictions Resources

LOFT Community Services	<p>Offering increased phone support, virtual appointments, service navigation, and resources to people experiencing mental health and addictions challenges during COVID-19 through The Access Point. Call Monday-Friday, 9 AM–4 PM</p>	<p>(416) 640-1934 www.theaccesspoint.ca</p>
Central Toronto Youth Wellness Hub	<p>Free mental health counselling service for youth and families. Walk-in is available for both in-person and virtually (phone/video) Hours: Monday – CLOSED, Tuesday and Thursday – 2-6 PM, Wednesday – 3-6 PM, Friday – 10 AM-2 PM <i>Note: Appointments are required to monitor and control for space</i></p>	<p>(416) 482-0081 ext. 5 https://lumenus.ca/</p>
Family Navigation Project	<p>A non-profit program that provides expert navigation of the mental health and addictions service system for youth (13-26) in the Greater Toronto Area. Youth or family members can reach out by phone or email.</p>	<p>1(800) 380-9FNP (9367) FamilyNavigationProject.ca Email: familynavigation@sunnybrook.ca</p>
Sunnybrook Rapid Access Addiction Medicine (RAAM) Clinic	<p>A non-urgent and short-term service for those seeking help for their substance use concerns. Please call or email to schedule an appointment during clinics hours. Walk-in appointment during clinic times are also accepted. No formal referral required. Please note: 1st initial appointment must be seen in-person during our clinic times. Follow-up appointments can be available in-person or virtually (on Zoom).</p> <p>Peer Support Program: Join us for our virtual drop-in peer support group programs (Monday nights at 7-9 PM). Email for more details.</p> <p><i>Easy Access • Short-Term • Patient-Centered • Team-Based Approach • Compassionate Care</i></p>	<p>Phone: 416-953-2475 Email: raamclinic@sunnybrook.ca www.sunnybrook.ca/raamclinic</p> <p>Clinic Location and Hours: NEW! Vibrant Healthcare Alliance (The Anne Johnston Health Station) Mon 5-7 PM • Wed 9-11 AM</p> <p>Sunnybrook Health Sciences Centre (A-wing, Room A146) Wed 1-4 PM • Fri 9 AM-12 PM</p>

Toronto Distress Centre HELP line	Provides emotional support services for those with chronic mental health problems, crisis intervention services, family violence response, suicide prevention services, and emergency intervention and response.	(416) 408-HELP (4357)
Toronto Seniors Helpline	Access a full range of services for seniors, including: <ul style="list-style-type: none"> • Help for seniors in crisis • Counseling over the phone • Access to in-home care • Support for caregivers 	(416) 217-2077 https://torontoseniorshelpline.ca
Vibrant Healthcare Alliance	Harm Reduction Program & Services (in person, walk-in) Access to harm reduction supplies, education, resources and needle exchange. Distribution of condoms, lubricant, and free safer drug use supplies (stem kits, crystal kits, foil kits, injection kits) and naloxone kits. Outdoor 24-hour Needle Drop Box at 2398 Yonge Street for disposal of used sharps.	(416) 486-8666 for hours of operation
	The Rapid Access Addiction Medicine (RAAM) at Vibrant Healthcare Alliance. Non-urgent walk-in clinic for 18 years and older looking to access substance use supports (in person) Mondays: 5:00pm-7:00pm *Last walk-in accepted at 6:30pm* Wednesdays: 9:00am-11:00am *Last walk-in accepted at 10:30am*	(416) 953-2475 raamclinic@sunnybrook.ca www.sunnybrook.ca/raamclinic or (416) 486-8666 for hours of operation
BounceBack	Telephone coaching with skill-building workbooks and videos for adults and youth 15+ with mild/moderate depression or anxiety; In multiple languages; clients can self-refer	Toll-Free: 1-866-345-0224 www.Bouncebackontario.ca
Togetherall (formerly Big White Wall)	24/7 online support from the peer community for adults and youth 16+ with mild/ moderate depression or anxiety; Anonymous; clients can self-refer	https://togetherall.com/en-ca/
MindBeacon	Free access to therapist guided mental health therapy for your patients (Ontarians) with depression, generalized anxiety, health anxiety, stress, insomnia, PTSD, chronic pain and more. Therapy provided via secure direct messaging through a computer or a mobile device. Offering: <ul style="list-style-type: none"> • Therapist Guided Internet-Based Cognitive Behavioural Therapy • Protocols for over 12 mental health conditions • E-therapist who personalizes content to meet patient's needs • 12 weeks of active therapy • 40 weeks access to content from the therapy 	www.mindbeacon.com **NOTE: Free access ends Friday, August 12th, 2022

Vaccine clinics at Holland Bloorview for children 6 months – 5 years

Holland Bloorview
Kids Rehabilitation Hospital

Holland Bloorview's next family-friendly, sensory-friendly and fully accessible vaccination clinics in partnership with Toronto Public Health (TPH) are taking place on:

- Friday, August 5, 11 a.m. – 6 p.m
- Friday, August 19, 11 a.m. – 6 p.m
- Friday, September 9, 11 a.m. – 6 p.m

Children aged 6 months and up with disabilities and/or complex care needs as well as their siblings, family members and the general public are welcome. Staff are invited to bring their children.

Please share widely with your networks and [register here](#) to attend!

Hope + Me – Mood Disorders Association of Ontario	<ul style="list-style-type: none"> • Telephone Peer Support (TIPS) Warm Line – Mon-Fri: 9:30 AM-5:30 PM • Virtual Peer Support Groups: General, Depression & Anxiety, Women, Men, BIPOC, Family Members, Youth & Young Adult, LGBTQ, Addictions, OCD, Bipolar, Neurodiversity. Registration required. • Managing Depression and Anxiety workshops • Wellness Recovery Action Plan • One-on-one peer support and counselling: short term, goal focused up to 8 sessions. Intake required. • Drop-in one-on-one support: one-off session various times during the week. First come first serve, registration required. • In-person peer support group: every Tuesday 2 – 4 pm • Later in Life workshop for older adults. To register: https://hopeandme.as.me/latelife • Youth and Young Adult specific programs: <ul style="list-style-type: none"> ○ Stop Drop and Talk: every Saturday 11 AM – 1 PM ○ Youth Living Well: every other Friday 6:30 – 8:30 PM 	1-888-486-8236 (416) 486-8046 info@hopeandme.ca
--	--	--

Diabetes Resources

Vibrant Healthcare Alliance	<p>The Mid-Toronto Diabetes Education Program provides services and support for adults with Type 2 diabetes, pre-diabetes, and for those at high risk of developing diabetes. The program provides individual counselling sessions over the phone or in person and facilitates monthly virtual group education workshops:</p> <ul style="list-style-type: none"> • Diabetes Management Workshop: August 9, 2022 1-3 PM • Diabetes Prevention Workshop: August 16, 2022 1-3 PM 	416-486-8666, #0 for reception Fax: 416-486-8660 diabetesinfo@vibranthealthcare.ca
SUNDEC – Sunnybrook Diabetes Education	<p>SUNDEC is available for people with diabetes to assist them in living well through education, followup care and ongoing support. Client self-referrals and referrals from healthcare professionals are accepted. Virtual group education workshops include:</p> <ul style="list-style-type: none"> • Managing Type 2 Diabetes Module 1, 2 and 3 (August 2nd, 9th, and 16th, September 6th, 13th and 20th, 9:30-11:30 AM) • Type 2 Diabetes as a Senior (August 17th & 24th, 9:30-11:30 AM) • Pre-diabetes sessions (Session 1 - September 14th and Session 2 - September 21st, 9:30-11:30 AM) • Med Diet: Seafood and Legumes (August 31st, 2-4 PM) 	(416) 480-4805 sundec@sunnybrook.ca
Unison Health & Community Services	<p>The Diabetes Education Program provides FREE individual counselling and group education classes for people with Type 2 diabetes and pre-diabetes. In person appointments and some remote service provision as appropriate. Our team consists of Diabetes Educators including registered nurses and registered dietitians who can help clients understand how to manage or prevent diabetes. The Diabetes Education Program does not have a catchment area. Anyone with type 2 diabetes or prediabetes is welcomed to attend our programs</p> <ul style="list-style-type: none"> • Virtual 6-week Weight Management Program – Starts in September • Virtual presentations to assist with Diabetes management – some with fitness component 	For more details contact: 416-787-1661 Ext. 3303 Fatima.hortel@unisonhcs.org



Workshops and Events

Date	Topic	Fees and Registration
August 3rd, 2022 6:30 PM EST	Ontario Medical Association Presents: Optimizing the efficiency of your practice Running a modern medical practice is a complex endeavour. Multiple demands on a physician's time make it challenging to work efficiently. This webinar will discuss essential tools and approaches to optimize your practice efficiency. We will cover diverse practice areas such as human resources, scheduling, and paperwork.	Registration Details: https://events.ely.com/Optimizingtheefficiencyofyourpractice3367593
August 17th, 2022 7 - 8 PM EST	MC IBD 2022 Series: Multi-Disciplinary Care for IBD - Strength Through Shared Knowledge This is a virtual program bringing together multi-disciplinary practitioners to address the management of IBD from preconception to postpartum care. The goal of MCIBD 2022 is to improve the care for women with IBD and rheumatological diseases preconception and during pregnancy and peripartum.	Registration Details: https://www.eventbrite.com/e/mc-ibd-strength-through-shared-knowledge-2022-webinars-registration-323449515207
August 19th, 2022 7:55 - 9:15 AM EST	COVID-19 Community of Practice – ‘Changing The Way We Work’ series The COVID-19 Community of Practice is a space for family physicians across Ontario to connect and learn from each other during this challenging time. Occurring every 2 to 3 weeks, hear updates from experts on the latest COVID evidence and policy and connect with fellow family physicians on practical ways to innovate and address COVID challenges on the ground.	Registration Details: https://dfcm.utoronto.ca/covid-19-community-practice
August 24th, 2022 8 - 9 AM EST	Helping Patients Manage Low Back Pain Low back pain is one of the most common reasons that patients visit their doctor. Yet without effective intervention it can become a chronic condition. Join your fellow physicians to discuss approaches to treatment and share your own experiences supporting patients with low back pain Panelists: <ul style="list-style-type: none"> • Dr. Paul Hoogeveen (Barrie) • Dr. Jennifer Young (Collingwood) • Dr. Sheri Wark (Thunder Bay) 	Registration Details: https://www.ontariofamilyphysicians.ca/education-practice-supports/events/register?&eventID=43
September 9th, 2022 8 – 9 AM EST	New Horizons Speaker Series: Navigating towards the future of family medicine New Horizons is a speaker series hosted by Dr. Danielle Martin, Chair of the University of Toronto Department of Family and Community Medicine. In each session, an interprofessional colleague will provide a fresh perspective on the role of family physicians in a changing world and challenge us to consider what a community responsive department of family medicine should be aiming for.	Registration Details: https://www.dfcm.utoronto.ca/event/new-horizons-navigating-towards-future-family-medicine



Offer Creek FHO

